Academie de Ballet Fall 2025/2026 Schedule

Subject to Revisions
Revised on 12/17/25
(757)548-2122

MONDAY

A	B	C	D
4:30 DB Ballet 2B	5-6:30 VK Ballet Tech Level 5 2x Req	4:30 MSC Acro 2	3:30 NG Stars + Tap Tots Ages 3 & 4
5:30-7 AS Ballet Tech Level 4 2x Req	6:30-8 DB Ballet Tech 3A	5:30 MSC Cont 6	4:30 NG Prepballet + Tap Kids Ages 5 & 6
7:00 AS Pointe 4 2x Req Non-recital	7:30-8 Recital 3A	6:30 VK Pointe 5 & 6 2x Req	5:30 DB Lyrical 2B
	8-8:30 AS 3A Prepointe		6:30 MSC Jazz 3/4
	8:30 MSC Jazz 4		7:30 MSC Cont 5

TUESDAY

A	B	C	D
4:30 DB Ballet 1	5-6:30 VS Ballet Tech Level 3/4 2x Req	4:30 MSC Acro 2/3 & 3	10-11am NG Stars + Tap Tots Ages 3 & 4
5:30 DB Ballet 2/3	6:30 AS Pointe 3/4 2x Req Non-Recital	5:30 NG Tap 2/3	11-12pm NG Prepballet + Tap Kids Ages 5 & 6
6:30-7:30 VS Ballet Tech 3B	7:30 SC Lyr 2/3	6:30 MSC Jazz 4/5 & 5	4:30 NG Tap 2
7:30-8:30 AS 3B Prepointe & 3B Recital		7:30 MSC Advanced Commercial Dance	5:30 MSC Tap 3
		8:30 MSC Tap 5 & 6	6:30 SC Jazz 2/3
			7:30 VS Teen/Adult Ballet Non-recital
			8:30 MM Intermediate Teen/Adult Tap Non-recital

WEDNESDAY

A	B	C	D
5-6:30 AS Ballet Tech 3A	5-6:30 VK Ballet Tech Level 4 2x Req	4:30 LC Ballet 2B	4:00 DB Ballet 1
6-6:30 Recital 3A		5:30 MSC Jazz 6	5:00 DB Ballet 2A
6:30 AS Character Levels 4/5/6	6:30 VK Pointe 4 2x Req Recital Class	6:30 MSC Acro 4	6:00 LC Lyrical 2A
7:30 SC Lyrical 3A	7:30-9 VK Ballet Tech Levels 5 & 6 2xReq	7:30 MSC Cont 4	7:00 LC Lyrical 3B
		8:30 MSC Tap 3/4 & 4	

*3 & 4 years olds may take: Stars + Tap Tots, and Acro + Jazz *5& 6 year olds may take Prepballet + Tap Kids, and Acro + Jazz *Level 1 classes are age 7 and up
*1 Ballet class per week required for Jazz 3 and higher
*1 Ballet class per week required for lyrical or contemporary
*Ballet 3A & Ballet 3B - recommended 2 classes per week
*FIRST YEAR BALLET LEVEL 3 STUDENTS CAN ONLY ENROLL IN BALLET 3A (NOT 3B)
*Ballet 3B/Prepointe Students- do not buy pointe shoes until teacher gives permission
*Ballet 3/4 students en pointe must take 2 group tech/2 group pointe minimum weekly
*Ballet 4 students en pointe must take 2 group tech/2 group pointe minimum weekly
*Ballet 5 & 6 students en pointe must take 2 group tech/2 group pointe minimum weekly
*Tech 4/5/6 class held on Fridays, from 5:30-7pm is available only as an extra tech option—must be enrolled in 2 tech classes at the assigned level to enroll
**AdB Youth Ballet Company by invitation only for dancers in ballet 5 and 6
***MTC must take Level 3/4 ballet or higher, as well as cont 3/4 or higher

*MM - Melissa Moore *VK - Vicka Kortze *DB - Danielle Bacon *LC - Lynne Caris *SC - Samantha Cordon *NG - Natalie Griffith
*JH - Jessica Hartsfield *JN - Joy Naik *LR - Lucy Rohrer *AS - Anastasiia Shabelskya *VS - Vitalii Shabelskyi *MSC - Michaela Sigmon Conner

THURSDAY

A	B	C	D
4:45-6:15 VS Ballet Tech Level 3/4 2x Req	6:00 SC Jazz 3	4:00 LR Acro + Jazz Ages 3&4	4:00 NG Prepballet + Tap Kids Ages 5 & 6
6:15 AS Pointe 3/4 2x Req Recital Class	7:00-7:30 VK Pointe 6	5:00 LR Acro + Jazz Ages 5&6	5-6:30 VK Ballet Tech Level 6 2x Req
7:15-8:15 AS Ballet Tech 3B	7:30 VK Pointe 5 2x Req	6:00 LR Acro 1	6:30-7:30 VK Pointe 6 2x req
8:15-9:15 AS 3B Prepointe & 3B Recital		7:00 LR Acro 2/3 & 3	7:30 JH Cont 3/4
			8:30 JH MTC***

FRIDAY

A	B	C	D
6-7:30 VS Tech Levels 4/5/6 Non-recital 3x Req*	4:30 AS Ballet 2A	4:30 SC Jazz 1	3:30 NG Stars + Tap Tots Ages 3 & 4
7:30-9 AS ADB Youth Ballet Repertoire Levels 5 & 6**	5:30 AS Ballet 2/3	5:30 SC Lyrical 2	4:30 NG Prepballet + Tap Kids Ages 5 & 6
		6:30 SC Lyrical 2/3	5:30 JN Tap 1
			6:30 JN Jazz 2

SATURDAY

A	B	C	D
Competition Team AdB Allstars Only	Competition Team AdB Allstars Only	Competition Team AdB Allstars Only	Competition Team AdB Allstars Only